## HEALTH DIAGNOSTIC

**ASSESSMENT** 

CLINIQUE LA PRAIRIE

SWITZERI AND

UNLOCK THE FUTURE
OF YOUR HEALTH

## HEALTH DIAGNOSTIC

In today's fast-paced world, early detection and prevention of diseases are paramount for achieving longevity and optimal wellbeing. Our Health Diagnostic assessment empowers you to take control of your health journey, providing critical insights that can help prevent health issues before they arise.

As pioneers in longevity and preventive medicine, we offer an exclusive Health Diagnostic Assessment delivering comprehensive insights into your health. A precision-based assessment providing you with personalised recommendations to ensure a complete and thorough approach to your long-term wellness.

Every step of your Health Diagnostic Assessment will be quided by your dedicated physician.

#### Information about the program

Duration: from 3 days, 2 nights

Including full board, access to spa and fitness

facilities

Price: From 17,680 CHF (standard room)

#### **INCLUDED IN YOUR ASSESSMENT:**

- Pre-stay call with your physician
- Initial consultation with your dedicated physician, overseeing the entire process
- Advanced and comprehensive blood count for a detailed health overview
- Brain MRI\*
- Advanced DXA scan for bone health assessment (bone densitometry exam)
- Non-invasive comprehensive screening to detect heavy metals, minerals and vitamins
- HRCT chest scan with calcium score
- Cardiology consultations and assessments, including:
  - » Electrocardiogram
  - » Cardiac stress test
- Consultation with rheumatologist
- Abdominal ultrasound
- Pelvic ultrasound
- Thyroid ultrasound
- Carotid ultrasound\*
- Lung health evaluation with a pulmonologist and spirometry
- Consultation with gastroenterologist
- Dermatology consultation
- Comprehensive sex health evaluation:

#### For women:

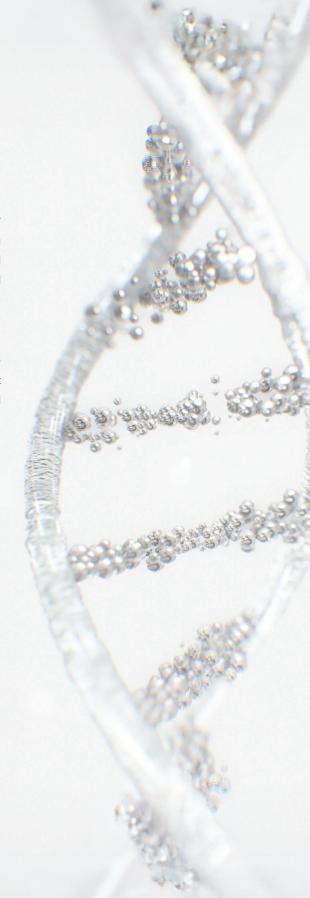
- » Mammogram\*
- » Breast ultrasound
- » Transvaginal ultrasound

#### For men:

- » Prostate ultrasound
- » PSA screening

At the conclusion of your assessment, your dedicated physician will guide you among your results to define a clear roadmap ahead of you, ensuring you have the support and guidance needed to enhance your health potential.

Experience peace of mind and proactive care with a comprehensive health assessment designed to prevent age-related diseases and optimise your life potential.



\*These examinations are carried out based on your age, medical history, and overall health status. They are tailored to each individual situation to ensure optimal care. The final list of examinations to be performed will be confirmed during the initial consultation with your referring physician.

The assessment

### CUSTOMISE YOUR ASSESSMENT

Dedicated to helping patients lead healthier and longer lives, Clinique La Prairie Medical Center offers an outstanding range of expertise, incorporating over 50 leading medical specialists, surgical services, 3 operating theaters and 20 post-surgery rooms.

Strongly rooted in our holistic approach to health and wellbeing, specialities cover all fields to fulfill your physical and psychological needs, as well as to perform comprehensive check-ups or to get professional advice about any topic relating to your health.

Our medical excellence for you.

#### SPECIALITIES:

- Angiology
- Anesthesiology
- Antalgia
- Cardiology
- Dermatology
- Nutrition
- Endocrinology and diabetology
- ENT
- Gastroenterology
- Hematology
- Internal & preventative medicine
- Laboratory
- Gynecology
- Micronutrition
- Neurology
- Ophthalmology
- Orthopedics and sport medicine
- Physiotherapy
- Pneumology
- Predictive medicine
- Psychiatry and psychotherapy
- Psychology
- Radiology and imaging center
- Rheumatology

# Tailor your assessment based on your unique needs

Unlock the power of personalised care with a tailored assessment package, designed to meet your unique needs and aspirations.

At our state-of-the-art Medical Center, we bring together experts from diverse specialities to offer additional consultations and advanced examinations, ensuring comprehensive care at every step.

Get in touch with our dedicated team today and take the first step toward building your bespoke plan with one of our expert physicians.



## CLINIQUE LA PRAIRIE

SWITZERLAND

Clinique La Prairie Rue du Lac 142 – 1815 Clarens-Montreux, Switzerland

+41 21 989 34 07 reservation@cliniquelaprairie.com